

VPM's B.N.Bandodkar College of Science (Autonomous), Thane

Report of

Career Development Program - Lecture on 'Build Your Career'

Date: 24th September 2021

Name of the department conducting event: Department of Botany, VPM's B. N. Bandodkar College of Science (Autonomous), Thane

Class & Number of participants – F. Y. B. Sc (21 Males + 34 Females = Total 55)

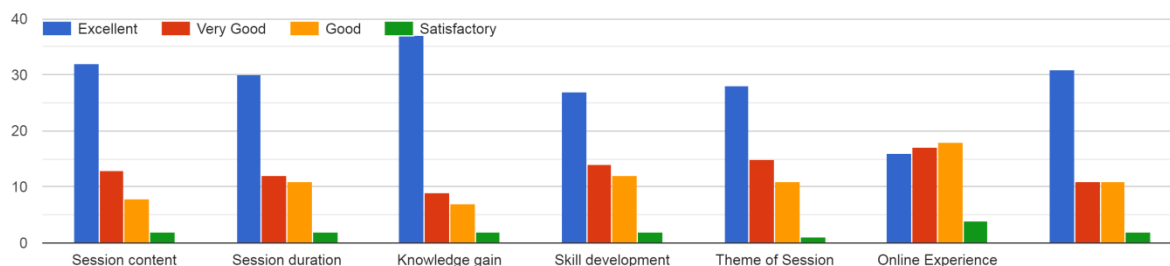
Number of teachers - Nil

Resource person: Dr. Urmila Kumavat, Asst. Professor, Department of Botany, VPM's B. N. Bandodkar College of Science (Autonomous), Thane

Platform: Google meet

It is observed that college students often experience a state of confusion while fixing their career options. In such conditions, one cannot deny the possibility of trying many things and landing up in nothing. Hence it is necessary to create awareness about self analysis and development of one's own future plan/s irrespective of peer pressure of colleagues and expectations of family. Under the scheme of career development, a lecture on the topic of **Build Your Career** was organized by Dept. of Botany. The talk began with discussion about ideal expectations of students from a bright career and definition of success. Students were briefly introduced to '**Maslow's hierarchy of needs**' which gave an excellent platform to proceed with detailing of 'Self analysis by SWOC'. Students were explained to develop essential qualities by investing time, effort and energy. They were asked to realize their own physical, mental, intellectual and financial potential which can be utilized for creating a better career. They were appealed to implement their strength in a positive way, to overcome weaknesses, to identify opportunities and to accept challenges with great deal of courage and enthusiasm. They were also guided about maintaining physical health, enhancing IQ-EQ, self discipline, time management and professional skills which form the essence of a bright career. This session was thoroughly enjoyed by all freshers. Almost all students had a dialogue with a speaker and participated enthusiastically.

Feedback Analysis: The overall feedback received for the session was excellent.



Outcomes:

- The session was useful in understanding 'How to do Self SWOC Analysis?'

- They got to know about their own strengths, weaknesses, opportunities and challenges which formed the basis for future plans.
- Students were benefited in many ways which can direct them to think rationally while taking initial steps in career building

